

Specification : Bitter Cucumber Fruit Extract/ สารสกัดมะระขี้นก (Manose RM-0093)

(Application : An active ingredient for anti-diabetic food supplements/

สารสำคัญในผลิตภัณฑ์เสริมอาหารลดน้ำตาลในเลือด)

1. Name of the raw material : Bitter Cucumber Fruit Extract
2. Active components : Phenolic compounds, carotenoids, triterpenoids, alkaloids, saponins and charantin<sup>(1)</sup>
3. Common and scientific name/ Family of the plant : Bitter Cucumber (*Momordica charantia* L.)/  
CUCURBITACEAE
4. Physical appearance : Brownish solid with herbal odor
5. pH : 5
6. Standardization : HPLC fingerprint using charantin as a marker
7. Stability of active constituent : Charantin is stable at room temperature and light protection condition
8. Solubility : Soluble in water and ethanol
9. Microbial contamination : No pathogenic microorganism with less than 1,000 cfu/g of the total plate count of bacteria, yeast and fungi which is conformed to the Thai FDA regulation
10. Biological activities : Anti-diabetic<sup>(1)</sup>, anti-cancer<sup>(1)</sup>, anti-oxidant<sup>(1)</sup>, anti-dementia<sup>(1)</sup>, hypolipidemic<sup>(1)</sup>, hypotensive<sup>(1)</sup> and anti-microbial<sup>(1)</sup> activity
11. Animal / human performance test : Anti-diabetic activity in animals<sup>(2)</sup>
12. Safety : No skin irritation in human volunteers / LD<sub>50</sub> > 5 g/kg BW in rats

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13. Pharmaceutical, food supplement or cosmetic applications : Anti-diabetic, anti-cancer, anti-oxidant, anti-dementia, hypolipidemic, hypotensive and anti-microbial in food supplements
14. Recommended concentrations in the product : 0.1-1.0% w/w in food supplements
15. Storage : Keep in tight and light protection container at room temperature
16. Precautions : None
17. Cost per kg : Please request

## References

1. Gayathry KS, John JA. (2022) A comprehensive review on bitter gourd (*Momordica charantia* L.) as a gold mine of functional bioactive components for therapeutic foods. **Food Production Processing and Nutrition**. 4: 10.
2. Yousaf S, Hussain A, Rehman S, Aslam MS, Abbas Z. (2016) Hypoglycemic and hypolipidemic effects of *Lactobacillus fermentum*, fruit extracts of *Syzygium cumini* and *Momordica charantia* on diabetes induced mice. **Pakistan Journal of Pharmaceutical Sciences**. 29(5): 1535-1540.
3. Manose In-house Project “The Development of Extract from Thai Medicinal Plants for Anti-diabetic”, Manose Health and Beauty Research Center ([www.manose.co](http://www.manose.co)), unpublished, 2015.